

Pocket full of Sunshine

Choreographer: Jossan (Sweden June-08)

Choreographed to: "Pocket full of sunshine" by Natasha Bedingfield

Type: A= 32 counts, B = 32 counts

A B A A B B Tag B B A B B

Part A

Extended wave, rock, cross, mambo, run

- 1&2& step Rf to R side, cross Lf behind R, step Rf to R side, cross Lf over R
- 3&4 rock Rf to R side, recover on Lf, cross Rf over L
- 5&6 rock Lf forward, recover on Rf, turn ½ turn to Lf and step Lf forward
- 7&8 step forward R-L-R

Pivot, shuffle, full turn, shuffle

- 9-10 step Lf forward, turn ½ turn to R (weight Rf)
- 11&12 step Lf forward, step Rf beside L, step Lf forward
- 13-14 turn ½ turn to L and step back on Rf, turn ½ turn to L and step forward on Lf
- 15&16 step Rf forward, step Lf beside R, step Rf forward
- 17-32 Repeat counts 1-16 but you will do it reversed. So where it stands R it's L and where it stands L it's R

Part B

Chasse, rock, kick-ball-cross, step

- 1&2 step Rf to R side, step Lf beside R, step Rf to R side
- 3-4 rock Lf back, recover on Rf
- 5&6 kick Lf forward, step Lf to L side, cross Rf over L
- 7 turn ¼ turn to L and step Lf forward
- 8 turn ½ turn to L and step Rf back

Coaster step, step, shuffle, rock, turn

- 9&10 step Lf back, step Rf beside L, step Lf forward
- 11 step Rf forward
- 12&13 step Lf forward, step Rf beside L, step Lf forward
- 14-15 rock Rf forward, recover on Lf
- 16 turn ¼ turn to R and step Rf to R side

Step, chasse, turn, shuffle, rock

- 17 step Lf beside R
- 18&19 step Rf to R side, step Lf beside R, step Rf to R side
- 20-21 step Lf diagonally forward to 7:30, turn ½ turn (1:30) put weight over to Rf
- 22-23 step Lf forward (face 1:30) step Rf beside L, step Lf forward
- 24-25 rock Rf forward, recover on Lf

Step, coaster step, pivot, full turn

- 26 turn 1/8 turn to L (face 12:00) and step Rf back
- 27&28 step Lf back, step Rf beside L, step Lf forward
- 29-30 step Rf forward, turn ½ turn to Lf (weight Lf)
- 31-32 turn ½ turn to L and step Rf back, turn ½ turn to L and step Lf forward

Tag

- 1-4 Sway hips R-L-R-L